

## Supports and services funded by the NDIS

### A Factsheet for Adults (No. 4)

#### What supports and services can the NDIS fund?

The NDIS funds a range of supports and services which may include education, employment, family support, social participation, independence, living arrangements and health and wellbeing. Specific FASD examples are provided under each support item.

#### **Employment**

- Self-care at work related to your FASD, such as assistance with job-related tasks (for example: help with being on time, help with understanding the expectations of your employer and co-workers, help with regulating emotions when something goes 'wrong' at work.)
- Specialised FASD training of employers and colleagues about your specific personal needs.
- Assistance moving from education into employment.

#### **Family Support**

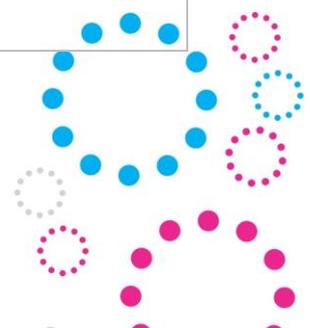
- Disability-specific supports needed because of your impairments.
- Disability-specific training programs for your family members.
- Disability support for out-of-home care, including home modifications, equipment, therapies, and behavioural support.

#### **Social Participation**

- Transport to enable you to participate in community, social, economic and daily life activities.
- Individual life skills development and training, such as public transport training and support to develop skills for community, social and recreational participation.
- Social participation can include hobbies, interests, creative pursuits, social clubs, sports or other recreational activities.

#### **Health and Wellbeing**

- Home modifications, personal care support including assistance to build skills, structures and routines to help you develop and maintain independence.
- Allied health and other therapy needed because of your impairments, including occupational therapy, speech therapy, art therapy or physiotherapy.
- Therapeutic and behavioural supports for people with psychosocial disability. For example, positive behaviour support which could include alternative therapies such as equine-assisted therapy.



## **What is not funded by the NDIS?**

The NDIS cannot fund a support that is:

- the responsibility of another government system or community service,
- not related to your disability,
- relates to day-to-day living costs that are not related to your support needs, or
- is likely to cause harm to you or pose a risk to others.

To find out more about what can be funded as part of your NDIS plan, you can access the following resources:

- NOFASD's *Factsheet 7 – Understanding Your NDIS Plan*
- Visit the NDIS website (<https://www.ndis.gov.au/understanding/supports-funded-ndis>), or
- Visit a local NDIS provider in your area (<https://www.ndis.gov.au/contact/locations>).

## **Where can I find out more information about FASD?**

NOFASD Australia is the National Peak Body for parents, carers and individuals impacted by Fetal Alcohol Spectrum Disorder (FASD). Founded in 1999 and funded by the Commonwealth Department of Health, we provide the essential bridge linking those with lived experience with researchers and clinicians.

NOFASD Australia provide a helpline for people impacted by FASD and those wanting information on how to support individuals with FASD. We also maintain an up-to-date comprehensive website with curated resources and links.

If you would like additional information about FASD or to read more about FASD and the NDIS, please visit the [NOFASD Australia website](#).

Sources:

Understanding the NDIS Booklet 1: <https://www.ndis.gov.au/about-us/publications/booklets-and-factsheets>

NDIS Plan Budget and Rules: <https://www.ndis.gov.au/participants/creating-your-plan/plan-budget-and-rules>

