

Accessing the NDIS

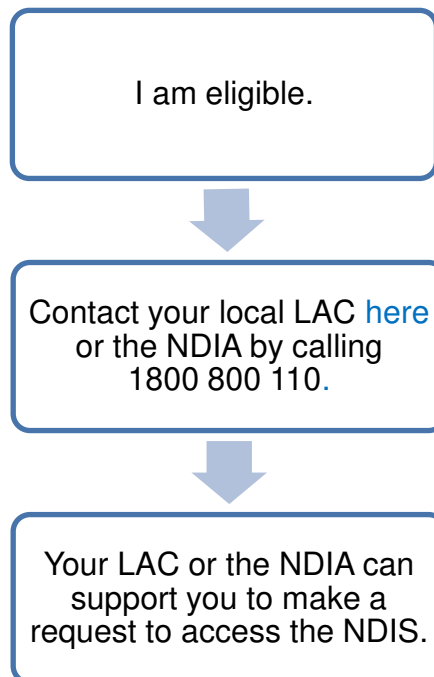
A Factsheet for Adults (No.3)

Can I access the NDIS?

To access the NDIS, you must be eligible. To find out if you are eligible have a look at:

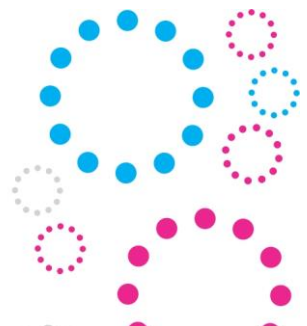
- NOFASD's *Factsheet 2 – Eligibility to Access the NDIS*
- NDIS website (<https://www.ndis.gov.au/>), or
- Visit a local NDIS provider in your area (<https://www.ndis.gov.au/contact/locations>).

I am eligible for the NDIS? What do I do now?



Local Area Coordinator (LAC)?

An **LAC** is a Local Area Coordinator. LAC's can help you to understand and access the NDIS. They can also help you to develop your plan and show you how to use it effectively.



What information do I need to have ready?

When you contact a LAC or the NDIA, they will start an access request. An access request is the start of your NDIS application. Once an access request has been made, you will be asked to provide the following information:

- Your name, age, where you live and whether you have permission to live in Australia permanently,
- Evidence of your age and residence (identification like a birth certificate or passport, utility bill etc.),
- Information about the impacts of FASD (available from the [NOFASD website](#))
- Evidence of your impairments (this includes relevant assessments or reports which have been completed by a doctor, specialist, allied health worker or other professional),
- Details and evidence about how your disability impacts you each day, and
- Permission for the NDIA to talk to other people about your disability, including Centrelink, health professionals or your GP.

You can send this information and any other evidence to:

Mail: GPO Box 700, Canberra, ACT 2601

Email: NAT@ndis.gov.au

In person: To your local NDIS office (find your local office [here](#))

Once your access request has been made and the required information has been sent, it is important that you begin thinking about what type of supports and services could assist you. You can read more about supports and services in NOFASD's Factsheet 4 – *Supports and Services Funded by the NDIS* or visit the [NDIS website](#)

Where can I find out more information about FASD?

NOFASD Australia is the National Peak Body for parents, carers and individuals impacted by Fetal Alcohol Spectrum Disorder (FASD). Founded in 1999 and funded by the Commonwealth Department of Health, we provide the essential bridge linking those with lived experience with researchers and clinicians.

NOFASD Australia provide a helpline for people impacted by FASD and those wanting information on how to support individuals with FASD. We also maintain an up-to-date comprehensive website with curated resources and links.

If you would like additional information about FASD or to read more about FASD and the NDIS, please visit the [NOFASD Australia website](#).

Source: Understanding the NDIS Booklet 1
(<https://www.ndis.gov.au/about-us/publications/booklets-and-factsheets>).

