Best I Can Be: Living with Fetal Alcohol Syndrome or Effects
Liz Kulp, a teen with FAE and her adoptive mother Jodee have written a poignant and wonderful story about the personal struggles of a teen living with this entirely preventable disorder.
Liz Kulp $19.95

Calming the Storm: Strategies for Children with FASD
This is a book of quick-reference strategies for parents, guardians, and caregivers who care for individuals with FASD. Produced by the Lakeland Centre for FASD.
Joanne Ring $11.95

Fantastic Antone Grows Up: Adolescents and Adults With Fetal Alcohol Syndrome
This sequel describes a range of outcomes and what success means for teens and adults with FAS/E. Drawing on the wisdom of experience, this book offers specific, concrete techniques for dealing with employment, emerging sexuality, school, entanglements with the law, and independent living.
$34.95

Fantastic Antone Succeeds: Experiences in Educating Children With Fetal Alcohol Syndrome
Alcohol-affected children can achieve much more than stereotypes suggest. Parents and teachers offer the "wisdom of practice." Caregivers of FAS/E children offer strategies, hope, and insights.
$38.95

FASD: A Quick Guide for Schools
This book is about change. Since it is not likely you will change the behavior of someone with FASD, this book helps you look at the changes you could make in the way you deliver programs to students affected by FASD. This book is for a wonderful resource for schools and was produced by the Lakeland Centre for FASD
$11.95

FASD Across the Span of Childhood
A handbook for parents and healthcare providers who want to learn more about Fetal Alcohol Spectrum Disorder (FASD) from the newborn period through adolescence. It includes concise learning objectives, criteria for diagnosis, recommendations for early intervention, and strategies for the home and school.
$14.95
Fetal Alcohol Spectrum Disorder
This useful title gives readers an overview of the mental, behavioral, and physical impairments of FASD, as well as learning about new research, treatments and methods for managing behavioral issues. The book also contains chapters on caring for others addresses children dealing with parents, siblings, or foster siblings with an FASD diagnosis. $11.95

Polly Anna the Second
This wonderfully illustrated book is intended to help teenagers, who may or may not have Fetal Alcohol Spectrum Disorder (FASD) to understand more about the condition and the impact it has on the lives of people with FASD. The main character of this book narrates what life with FASD is like from her perspective. $7.95

Trying Differently Guide for Daily Living and Working with FAS and other Brain Differences 4th Ed
This book offers strategies that work, gathered from parents and caregivers. People with FAS are unique, and specific strategies work for specific people. This easy-to-read material can be adapted for you and your situation. $13.95

Fetal Alcohol Neurobehavioral Conditions
Understanding and Application of a Brain-Based Approach
This collection for parents and professionals is organized around the criteria for FAS and the range of neurobehavioral effects from alcohol and other drugs. It aids in understanding behaviors and diagnoses, discusses how good parenting and professional techniques may be ineffective and offers guidelines for home, school, and the community. $69.95

Simon Says: A Children's Book Explaining FASD
This illustrated children’s book will help young children understand their FASD diagnosis. It also gives parents a simple resource to initiate the discussion of a diagnosis with their child, and gives schools and educators an opportunity to use it in the classroom to help other children understand and accept those living and coping with this disability. $8.95

Trying Differently Rather than Harder
This book discusses how to work effectively with children, adolescents and adults with FASD. After reviewing the diagnosis, the book focuses on understanding primary and secondary behavioral and learning characteristics. $36.95