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GOULBURN CHILD FIRST ALLIANCE PRESENTS

# *A Fetal Alcohol Spectrum Disorder (FASD) Information session*

Fetal Alcohol Spectrum Disorder (FASD) is the term used to describe the lifelong physical and/or neurodevelopmental impairments that can result from fetal alcohol exposure. FASD is a condition that is an outcome of parents either not being aware of the dangers of alcohol use when pregnant or planning a pregnancy, or not being supported to stay healthy and strong during pregnancy.

NOFASD Australia delivers education and training to a wide range of audiences across Australia and today they will be providing a FREE information session that would suit parents and carers and service providers.

This workshop aims to encourage attendees to feel more confident in their knowledge of FASD and share resources, ideas and knowledge with their colleagues and communities. Everybody needs to know more about FASD!

Topics which will be discussed are :

Description of FASD and its types

The diagnosis process

Responding to individuals living with FASD

Affects of FASD on the individual

Challenges for individuals living with FASD

Strategies for support and learning

## **VENUE**

*FamilyCare  
19 Welsford St.  
Shepparton*

## **DATE**

*Monday 10  
September 2018  
1:30 – 3:30*

## **COST FREE**

*All enquires please  
phone  
Katie H 5823 7000*