



Following International FASD Awareness day on 9th September 2018 Foster and Kinship Carers NT are excited to announce that [National Organisation Fetal Alcohol Spectrum Disorder](#) (NOFASD) will be presenting sessions for our foster and kinship carers in the NT.

Robyn will provide carers with an overview of FASD and share practical tools and techniques for carers living with children and young people with FASD. Sessions will be held in Alice Springs, Katherine and Darwin in October. This workshop aims to encourage attendees to feel more confident in their knowledge of FASD and share resources, ideas and knowledge with their colleagues and communities. Everybody needs to know more about FASD and how you can make a difference.

Save the dates to your calendar.

Alice Springs:

Monday 22nd October

[**RESERVE YOUR SEAT NOW**](#)

Katherine:

Wednesday 24th October

[**RESERVE YOUR SEAT NOW**](#)

Darwin:

Thursday 25th October

[**RESERVE YOUR SEAT NOW**](#)

It's essential you reserve a seat, as these sessions fill up fast.

“Fetal Alcohol Spectrum Disorders (FASD) is a term used for a spectrum of conditions caused by fetal alcohol exposure. Each condition and its diagnosis is based on the presentation of characteristic features which are unique to the individual and may be physical, developmental and/or neurobehavioural.”

<https://www.nofasd.org.au/alcohol-and-pregnancy/what-is-fasd/>

Alcohol exposure during pregnancy results in changes to the developing brain at neurochemical and structural levels. Often, these changes are not detected until a child reaches early or middle school-age when difficulties at school and at home become increasingly problematic. These challenges can include problems in social communication and attention, motor and sensory problems, memory, and difficulty learning from consequences. As a young person grows, the risk increases for depression, anxiety and other mental health conditions.” <https://www.nofasd.org.au/parents-carers-and-families/the-effects-of-fasd/>

If are caring for a child with FASD, this session will give you a broad understanding of the signs and how to manage it.