

Strategies to Learn Webinar Links Part 2

Thank you for attending the Strategies to Learn Webinar. We hope you found it interesting and useful. A list of useful website links from the webinar are listed below.

Practical COVID-19 Experience:

Rachel Parker, a senior research fellow for education and development at the Australian Council for Educational Research (ACER) and parent shares her practical experiences of home learning during COVID-19 <https://www.abc.net.au/news/2020-04-27/coronavirus-homeschool-learning-through-play/12167528>

Sensory Resources:

Sensory Overload – a YouTube video which demonstrates what it is like to be sensitive to various sounds, in particular those individuals with FASD.

<https://www.youtube.com/watch?v=K2P4Ed6G3gw&t=30s>

Sensory Tools Australia – a website where sensory toys can be purchased, including the bendy man shown in the webinar. <https://sensorytools.net/products/bendy-man-key-chain>

How to make a mermaid board: for kids or messages! – a YouTube video for using tactile fabric as a sensory and/ or engagement tool.

<https://www.youtube.com/watch?v=dLd0mwE5dXc&feature=youtu.be>

Proprioception Resources:

Powerful Proprioceptive Activities that Calm, Focus and Alert -

<https://yourkidstable.com/proprioceptive-activities/>

Proprioception Sensory Activities - These proprioception sensory activities are heavy work activities that can be used to help kids address sensory needs and challenge their proprioceptive system. <https://www.theottoolbox.com/proprioception-sensory-activities/>

Movement and Relaxation Resources:

Mini Movement Break Cards – downloadable quick sensory motor activity cards for school, home or therapy clinic. <https://www.yourtherapysource.com/product/mini-movement-breaks/>

Your Therapy Source – free and inexpensive movement resources website.

<https://www.yourtherapysource.com/>

Managing Big Emotions Through Movement: Yoga for Kids – printable calm down yoga posters.

<https://childhood101.com/yoga-for-kids/>

