

Supports and services funded by the NDIS

A Factsheet for Parents and Carers (No. 4)

What supports and services can the NDIS fund?

The NDIS funds a range of supports and services which may include education, employment, family support, social participation, independence, living arrangements and health and wellbeing. Specific FASD examples are provided under each support item.

Education

- Self-care at school related to your child's FASD, such as assistance with eating or toileting.
- Specialised FASD training of teachers and other support staff about the specific personal support needs of your child.
- Therapies that a family and school have agreed may be delivered during school time but are not for educational purposes.
- Assistance moving from school to further or other education.

Family Support

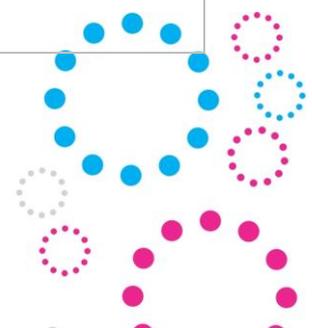
- Disability-specific supports needed because of your child's impairments.
- Disability-specific training programs for your child or other family members.
- Disability support for your child or teenager in out-of-home care, including home modifications, equipment, therapies and behavioural support.

Social Participation

- Transport to enable your child to participate in community, social, economic and daily life activities, outside of the normal expectations of parental responsibility.
- Individual life skills development and training, such as public transport training and support, developing skills for community, social and recreational participation.
- Social participation can include hobbies, interests, creative pursuits, social clubs, sports or other recreational activities.

Health and Wellbeing

- Home modifications, personal care and development of skills to help your child become more independent.
- Allied health and other therapy needed because of your child's impairments, including occupational therapy, speech therapy or physiotherapy.
- Therapeutic and behavioural supports for people with psychosocial disability. For example, positive behaviour support which could include alternative therapies such as equine-assisted therapy or play therapy.



What is not funded by the NDIS?

The NDIS cannot fund a support that is:

- the responsibility of another government system or community service,
- not related to your child's disability,
- relates to day-to-day living costs that are not related to your child's support needs, or
- is likely to cause harm to your child or pose a risk to others.

To find out more about what can be funded as part of your NDIS plan, you can access the following resources:

- NOFASD's *Factsheet 7 – Understanding Your NDIS Plan*
- Visit the NDIS website (<https://www.ndis.gov.au/>), or
- Visit a local NDIS provider in your area (<https://www.ndis.gov.au/contact/locations>).

Where can I find out more information about FASD?

NOFASD Australia is the National Peak Body for parents, carers and individuals impacted by Fetal Alcohol Spectrum Disorder (FASD). Founded in 1999 and funded by the Commonwealth Department of Health, we provide the essential bridge linking those with lived experience with researchers and clinicians.

NOFASD Australia provide a helpline for people impacted by FASD and those wanting information on how to support individuals with FASD. We also maintain an up-to-date comprehensive website with curated resources and links.

If you would like additional information about FASD or to read more about FASD and the NDIS, please visit the [NOFASD Australia website](#).

Sources:

Understanding the NDIS Booklet 1: <https://www.ndis.gov.au/about-us/publications/booklets-and-factsheets>

NDIS Plan Budget and Rules: <https://www.ndis.gov.au/participants/creating-your-plan/plan-budget-and-rules>

National Organisation for Fetal Alcohol Syndrome and Related Disorders

Phone: **1800 860 613** | email: admin@nofasd.org.au | www.nofasd.org.au | ABN: 93 833 563 942

Patron: Dame Quentin Bryce



This project is funded by the National Disability Insurance Scheme (NDIS) in collaboration with NOFASD Australia.